



bliss
a community chiropractic cafe

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Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone / Home: () _____ Cell: () _____ Work: () _____

E-Mail: _____ D.O.B. _____

Place and type of employment: _____

Recreational activities: _____

Have you been under chiropractic care before? _____

Who may we thank for referring you? _____

What has brought you here today? _____

How has this impacted your life? _____

What are the positives and negatives of this? _____

What other healing modalities have you tried? _____

How is your present lifestyle affecting your health? _____

What is your #1 priority in life? _____

Please list the significant events in your life (including traumas, accidents, injuries, surgeries, births, marriage, divorce, etc.) _____

Were or are you taking any drug/chemical (prescription or other) regularly? _____

Please list chemicals, and the reasons for taking them? _____

What else would you like to share about your life? _____



Tell me what you plan to do with your one wild and precious life? *(With thanks to Mary Oliver)*

Our desire is to focus on what is RIGHT with you, rather than what is "wrong". Symptomatology exists to guide and direct us via messages from our body that we may need a course correction. The adjustment not only frees bony structures but frees the nerves, cord and brain so that signals both to and from are clear. These signals are all-controlling, in that they supply messages to and from organs, tissues, cells, discs- everything. The body is designed to heal. Our job is to remove any interference to that healing and expression if LIFE.

Please read and sign below.

My purpose in sharing with you this statement of clinical objective is to clearly define my approach to Chiropractic, to healing and to those I serve in this office. I wish to have clear communication about both our responsibilities in this exciting relationship.

The following concepts are central to the way in which I practice Chiropractic and I am pleased to share these ideas with you so that we can be in alignment of purpose at the very beginning.

- * There is an intelligence within each individual, which not only keeps that person alive, but also animates, coordinates, repairs, renews, empowers and heals.
- * The nervous system is the main coordinating system and distribution center for this innate intelligence.
- * Alteration in the shape, position, tone, or tension of then nervous system, (especially at the spine) will block, inhibit, or redirect the expression of this intelligence.
- *The sole purpose of the Chiropractic Adjustment in this office is to bring more ease into the body and empowering a greater communication of each person's self-healing power.
- * Everyone, in spite of specific symptoms or ailments, can benefit from a nervous system which is more flexible, elastic, and more adaptable to life's stresses.
- * The innate intelligence, through the functioning of the nervous system, is the true agent of healing, empowerment, coordination, inspiration, movement, and joy. Healing is an inside job, coordinated by the same power that develops and renews your body.
- * By their very intent, various forms of treatments may interfere with the functioning of the nervous system and are often incompatible with maximizing the benefits of chiropractic adjustments. This may include drugs such as pain reducers, muscle relaxants, anti-inflammatory compounds, and mood altering medications.
- * I will not venture into the practice of medicine by advising about the need for reduction of such medications. I suggest you speak with your physician to determine the objective and goal to be obtained by receiving the medical treatment. Determine if this is consistent with your desire for wellness at this point in time. Your physician may guide you in changing any medication or treatments you are presently taking to accommodate for your changing body-mind.
- * Consistent with these concepts, I choose to help each individual member of my practice experience a greater level of wellness, flexibility, personal growth, empowerment, and healing by locating and adjusting areas of stored tension and potential energy with whichever force application appears most honoring to that individual at that time.

I, _____ have read this statement of purpose, and understand its contents. I understand that the spinal adjustments offered in this office are not a replacement for any form of diagnosis or treatment provided by other types of practitioners. I understand that I am not being treated for any condition or symptom. **Our main purpose as we see it is to remove interference to the body and neurologic structures; this maximizes Life.**
